

## Implementation of Religious Guidances in Patients Care Unit III IbnuSina Hospital YW-UMI Makassar

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**Abstract.** Spiritual guidance for hospital patients is increasingly recognized as having an effective role and benefits for healing patients. Therefore, this study will reveal the implementation of religious guidance in patient unit care III at IbnuSina Hospital, Indonesian Muslim University (UMI) in Makassar. This study aims to identify the forms of religious services applied by the IbnuSina UMI Makassar hospital and to know the influence and benefits of religious services felt by patients. This type of research is a mixed method between qualitative and quantitative. Data collection is done through library search, observation, interviews, filling out questionnaires, and documentation. The results showed that the implementation of religious guidance applied in IbnuSina UMI Makassar hospital had a positive change of 69% of patients who were more enthusiastic in living, more motivated to recover, more calm, positive thinking, and more diligent in worshipping. The results of this study are very important and useful for the development of spiritual services in other various hospitals.

**Keywords:** guidance, religious services, patients, hospital

### 1 Introduction

Human development as human beings and development resources is an inseparable whole, carried out throughout the entire human life cycle, from the womb to old age. Such effort is based on the consideration that good human quality is determined by its growth and development since the womb. In addition, human development is also carried out by taking into account the different needs of each stage of human life, including services for people with disabilities, neglected and neglected elderly children, victims of natural disasters and social disasters, as well as the poor and remote indigenous communities.

Efforts to improve the services of religious life continue to be carried out from time to time. However, facilitation and service for religious life is still not optimal in protecting and facilitating the community to worship according to their religion and beliefs. Religion is a personal belief system. In this case, the role of the government is to provide services and facilitation to religious people in carrying out their religious activities easily and safely. However, this role is still not optimally implemented, especially in spiritual services to patients in hospitals.

In this regard, this study will discuss how religious services carried out by the IbnuSina Hospital of the Muslim University of Makassar Makassar to patients, by focusing on the

question of what forms of religious services are provided by the hospital to patients and what are the effects and impacts obtained by patients against religious services obtained from hospitals.

Regarding to the research problem, this study aims to identify the forms of religious or spiritual services carried out by the IbnSina UMI Makassar hospital and to know the effects and benefits of religious services felt by patients who are in hospital services and care.

Furthermore, this paper will discuss references related to the importance of religion in health, namely the relationship with physical, mental, social and spiritual health. This is related to the view that often someone taking part in a religious activity either alone or together will lead to better mental health. In this case related to the title of the research on the application of religious guidance to patients at the IbnSina Hospital in UMI Makassar.

In the next discussion we will explain the research methodology used in this study. Specifically explained about the type of research that combines quantitative and qualitative approaches to deal with the limitations of existing samples while maintaining the quality of existing data. Next, a review of the findings and discussion of this research will be followed and concludes with the research conclusions.

## 2 Methodology

The type of research in this study is a mixed research between qualitative and quantitative research. This combination of approaches is used to understand social phenomena that are quite complex such as spiritual experiences. It also relates to social research that does not view facts as separate phenomena, but sees them as something closely intertwined with one another. Therefore penetration must be done to find the secrets behind the events and build relationships between facts. Likewise, the quantitative approach is expected to give a clearer picture of the variables that can be measured using numbers that have the same important role in understanding a phenomenon.

In this study, the study population included patients and medical staff at the IbnuSina Hospital in YW-UMI Makassar. Considering that the study population was large enough from all existing treatment rooms at IbnuSina Hospital, the writer took samples in the treatment room III of IbnSina Hospital, UMI Makassar. In this case the number of samples taken consisted of 30 people for patients, 1 person for religious guidance officers, and 7 people from medical staff and hospital administration. Then data collection was carried out through library search, observation, interviews, questionnaires, and documentation.

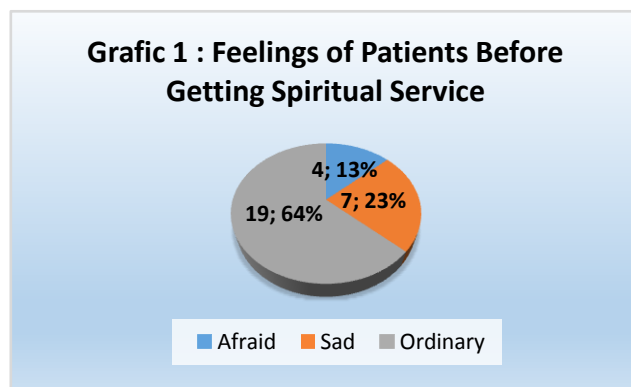
## 3 Results and Discussion

Basically the role of spiritual assistance is not only patients but can also be developed in mentoring patients' families. The family is the closest person to provide support for patients. Religious guidance implementers can work with families to provide assistance to patients. The

limited time possessed by religious or spiritual counselors in assisting patients, if they are able to empower families will greatly support efforts to cure or improve patient health.

Spiritual needs are one of the basic needs needed by every human being, one of which is a patient in critical condition. Spiritual needs in critical patients must be fulfilled. Meeting spiritual needs can be done by families, nurses and spiritual assistants. Families can provide spiritual support to sick family members with the help of prayer, religious rituals, comfort them, feel the suffering experienced by the sick family members.

The role of religious counselors in fulfilling spiritual needs can be in the form of efforts to help patients worship activities, involve the family and provide encouragement. Spiritual assistance can provide motivation. The role of spiritual companion is not only for patients but can also be developed in mentoring the patient's family. By fulfilling spiritual needs can affect the healing of patients

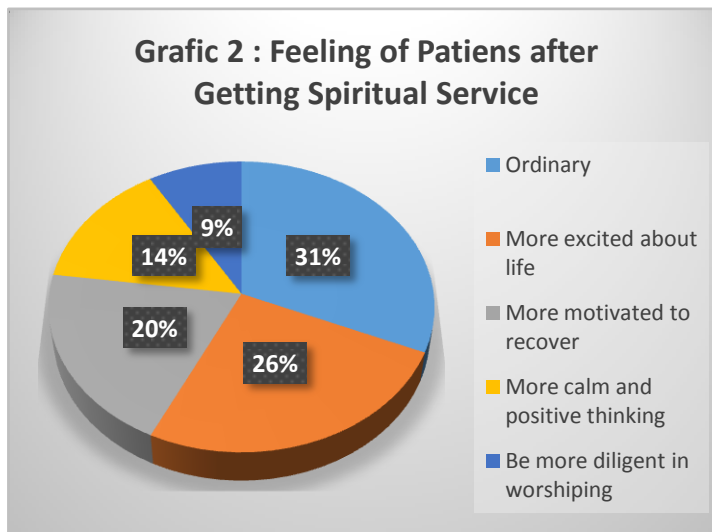


As seen in graphic-1 from the results of questionnaire data processing given to patients it was revealed that some patients (26%) experienced anxiety, sadness and fear of death. Of the 26% in total, there were (13%) who were afraid and there were (23%) feeling sad. While most say it's normal to deal with the disease conditions they experience (64%).

While the results of in-depth interviews were expressed by several patients as follows; (1) according to Mr. Jaming (62 years old) he felt anxious and uneasy as he said: "before that I was almost desperate, sad and afraid because of my illness, I did not know what else to do ..." (interview, 27 September 2018). (2) According to Nurliana (45 years old) before getting guidance she was confused about what she had to do "before getting guidance, I was just silent, so I was confused about what to do, while I was bedridden, yes I just kept silent too confused when I want to do the prayer where to go "(interview 28 September 2018). Also included (3) are like Ms. Yustinah (48 years). According to Yustinah's mother before she received religious guidance she felt afraid and lacked control over her emotions, "before I received my spiritual guidance, the people were afraid and angry, continued to be emotional especially when I was often sick, so it was so" (interviewed on October 3, 2018)

Regarding the influence experienced and felt by patients who were treated by III IbnSina Hospital who had received religious (spiritual) services, it turned out to provide a variety of positive effects for patients. As mentioned earlier that a person's spiritual condition will influence his perspective on health from a broad perspective. In a previous study it was stated that health relations with confidence in greater strength, which has given a person the

confidence and ability to love. In this case, health is seen by some as an ability to live life as a whole. The spiritual practice of religion is one of the ways a person practices spiritually.



This can be seen from the results of the study and analysis in graphic 2, there were only 31% who felt mediocre, while the remaining 69% experienced changes in positive impacts such as being more enthusiastic in living, more motivated to recover, more calm and positive thinking, and more diligent in worship. In more detail, the amount of 69% of positive changes felt by patients consists of; (26%) who said they were

more enthusiastic in living, (20%) who said they were more motivated to recover, (14%) who felt more calm and positive thinking, and (9%) who expressed more diligent worship

Then, tracing was carried out through interviews with several patients as experienced by Mr. Jaming (62 years), As expressed by Mr. Jaming who previously said that he felt sad and despaired and did not know what else to do. Then after doing spiritual services (religious) then began to be eager to undergo treatment by always remembering the messages of the ustadz who gave religious advice "after getting advice and spiritual shower from Mr. Ustadz, my mind began to open up and I began to get excited again " ( interviewed on September 27, 2018).

imilarly, experienced by Nurliana (45 years) experienced a lot of silence and confusion about what to do and did not know how to pray, then after receiving spiritual guidance (religious) then he regained consciousness and recalled the obligation to always worship God how even the conditions experienced, "... what is always conveyed in the provision of religious services and some of the prayers that were delivered actually only reminded me again to remember our purpose was created in this world, therefore I must continue to pray as an obligation of Muslims." ( interviewed on September 28, 2018)

Furthermore, Yustinah's mother (48 years old) who often experienced anxiety and fear as well as uncontrolled emotional conditions, after several times getting service and religious guidance, then she began to be more calm and always prayed to be given patience to undergo good treatment with confidence that what is experienced is a test from God, "... Thank God, the advice and guidance from Mr. Ustadz made me more calm and think positively about everything, including if this is a trial of Allah." (interviewed on October 3, 2018)

Meanwhile, Ms. Salma (50 years old) who before surrendered to the conditions and health conditions she experienced, but after getting spiritual service at the hospital, now she began to look excited. He began to show enthusiasm and strong motivation to recover quickly. Besides being diligent in following the advice and guidance of doctors and nurses, he was also motivated to always pray. As he conveyed, "my feelings were initially mediocre and resigned but over time I became aware that those who gave healing were God so we could only try with prayer and treatment" (interviewed on October 6, 2018)

#### 4 Conclusion

IbnuSina Hospital YW-UMI Makassar has a religious service program in the form of spiritual services to patients who are undergoing hospitalization, especially those in the treatment room III. The spiritual service program is carried out by Islamic spiritual counselors as many as two people who each have significant experience, qualifications and competencies in spiritual services based on the teachings of Islam. Islamic religious counseling services, among others, can be seen in the ethics of the guidance process and post-guidance, which emphasizes the ethics of polite speech, fiqh understanding about the procedures for prayer and prayer in accordance with the teachings of Islam. Including also Tausiyah and Mental Strength giving to give positive motivation to all patients.

From the results of observations and analysis of data carried out shows that religious service programs or activities carried out at IbnuSina Hospital have had a positive positive effect on patients in the third care room of IbnuSina Hospital YW-UMI Makassar. The positive impact is seen testimony and percentage of complaints that previously there were (36%) patients who felt anxious and fearful and sad to experience anxiety, fear and sadness and those who felt ordinary-ordinary (64%). After getting the results, there were only (31%) who felt mediocre, while the rest (69%) experienced changes in positive impacts such as being more passionate about living, more motivated to recover, more calm and positive thinking, and more diligent in worshipping.

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