

# Application of Behavioral Counseling with Techniques to Improve The Behavior of Role Playing Can Receive Advice of Others Sciences Grade X 3 SMA Negeri 1 Singaraja

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**Abstract.** This research aims to suggestions from other's students of class X of Sciences 3 at SMAN 1 Singaraja. Type of research was quasi-experimental research design "pretest-posttest control group design." this research sample member 32 students who have been high to receive advice from other people. The data used are questionnaire self-methods of data analysis methods using ttest and tcount 15 141 ttab 1.67 with (5,141 > 1.67) Ho and Ha rejected accepted results of research demonstrating that there is the influence of counseling role playing technique's grade X SCIENCES 3 of Singaraja Senior High School 1.

**Keywords:** application of behavior, role playing techniques, lesson study.

## 1 Introduction

The results of observations made on students in class X MIPA 3 in Singaraja 1 Public High School, it is known that there are some students who experience the symptoms of Self Deference which has been classified into three categories, including students who have "self-deference" are classified as high and is classified as low, theSymptoms shown are some students who experience symptoms of self-sufficiency, which are classified low such as not being able to get along with friends so that, not achieving results is able to get advice from other people. In addition, there are some students who experience symptoms of self-difference are like being able to get along with friends to achieve a clear result, and have the nature of being able to accept suggestions from others.

## 2 Methodology

This study was an experimental study with a pretest-posttest control group design. This form of experimental design is presented in the following table. This research is an experimental study with a pretest-posttest control group design. This form of experimental design is presented in the following figure (Adi, Ananda, Dharsana, & Suarni, 2017; Adiputra, 2015; Dharsana, 2013; Ardana, Dharsana, & Suranata, 2014; Ayu, Wati, Suarni, & Dharsana,

2017; Damayanti & Aeni, 2016; Kadek Pigura Wiladantika, I Ketut Dharsana, 2014; Lestari, 2015; Sadewi, 2012).

### 3 Results and Discussion

Self Deference very effective in schools. Judging from the questionnaire scores, diary scores, and student responses from daily journals that are increasingly increasing. Besides that, it is also seen from the students' behavior from self- deference which starts to change such as: students are able to provide assistance to others, students get encouragement from others to achieve a clear result, someone's need to have sympathy to help others.

### 4 Conclusion

Deference is the need to obey orders or rules, including accepting suggestions from other people, getting information about what others think, following instructions and doing what they expect. The following is described the indicators as follows:

1. Receive suggestions from others,
2. Get information on what others think.
3. Follow instructions and do what is expected.

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