

Influence Theory with Behavioral Counseling Lesson Study Through Modeling Techniques to Improve The Character Receives Advice from Others to Students

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Abstract. This study aims to Determine the effectiveness of behavioral counseling by modeling techniques to improve the properties of being able to accept the advice of others. This type of research is quasi-experimental, pretest-posttest design with control group sample using modeling research design. The techniques. Collecting the data using a questionnaire that tested the validity and reliability, to test the hypothesis used t-test. This is evidenced by the value of the indicator properties of being able to accept advice from others ($t_{count} 65,64 > t_{table} 1,675$) So that H_a is accepted. There are significant differences, the value of the student questionnaire before and after the service given. It was concluded that effective behavioral counseling with modeling techniques to improve the properties of being able to accept the advice of others.

Keywords: Behavioral, Modeling, Lesson Study

1 Introduction

The results of observations conducted on 26 students in grade VIII 2 junior lab UNDIKSHA Singaraja, it is known that there are some students who experience symptoms of characters capable of receiving suggestions from other people who have been classified into three categories, including students who have "character is able to accept suggestions from others" is high, classified as moderate and low. Symptoms shown that the majority of students who experience symptoms of characters capable of receiving suggestions from other people who are low such as not being able to obey the commands. Not able to receive advice and not being able to get a description of what other people think. In addition, there are some students who experience symptoms of characters capable of receiving suggestions from other people who are as capable of obeying the commands, able to receive advice and could get a description of what other people think. In addition, there are some students who experience symptoms of characters capable of receiving suggestions from other people who are very capable to obey the commands. Very able to receive advice and so could get a description of what other people think. (Angganantyo, 2014; Anna-Kaarina & Pirjo, 2011; Antonio Calvani & Sarti, 2017; Baranova & Kalke, 2012; Borgetto, 2004; Con, Leon, and Cazzola, 2007; Conovici, 2013; Deutschland, 1997; Educating, In , Schools, Pupils, and disturbances, 2015; Felea, 2014; Geske, 2017; Gusmeroli F, Paoletti R, & Pasut D 2006; Hoorik 2011; Jouet, nd; Kuk, 2013; Prof. Dr. I Ketut Dharsana, 2017; Rogi and Pilar, 2005; Un, 2008; Universit & Soci, 2016; Vlerick, 2009; Wa, Kigoda, and Mwalimu, nd).

Nengah Dessy Martini, Nyoman Dantes, I Ketut Dharsana
Influence Theory with Behavioral Counseling Lesson Study Through...

- Based on the definition of the character is able to accept suggestions from others in that it contains three indicators, namely: Need someone to welcome suggestions from others
- Someone needs to get information what others think
- Someone needs to follow the instructions and what is expect it.

1.1 Application of Character Ability to Receive Advice:

Application of characters capable of receiving suggestions from the others can done by or modeling techniques. Students can be trained in the communications standards (smiles, greetings, greetings, getting). Trained way good communication, courteous, effective, and communicative. Applications in this private field which affects on one individual to gain confidence and be able to persuade that person, let's say a student is being confide in her that is B, he dared to tell all that because B has the properties of sympathy for the A In addition, the application is done by providing a sociodramas performances, where the selection of the characters to be adapted to the needs of the character is able to accept suggestions from others students that have been adapted to the procedures and steps sociodramas under which will be outlined. After the technique followed by group counseling, group counseling, individual counseling and the last on. So that students can apply the character is able to receive suggestions from other people into the private field.

1.2 The theory of behavioral counseling Philosophical

The view contains a philosophical theory of behavioral counseling or a view on the character can accept the suggestions of others, namely the Panamanian on behavioral changes in habituation. Behavioral counseling theories that every man needs a change and will experience a change in behavior as a result of the interaction between stimulus and response, in other words, learning is, Therefore, behavioral counseling goal is to establish and maintain the behavior of characters capable of receiving suggestions from others so that characters are able to accept suggestions from others can be raised and applied to the field of personal, social, learning and career. (Aini, Fatmaningrum, & Joseph, 2011; Akerlof, 2002; Anderson, 2010; Antari, Suarni, and Sulastri, 2013; Carlsson & Carlsson, 2009; Dharsana, 2013a, 2013b, 2014a, 2014b; Ernawati, Suharto, and the Goddess, 2015; Huda, Rini, Mardoni, & Son, 2012; I Ketut Redita, Kadek Suranata, 2014; MAgusSantiPurnama, NiKetutSuarni, 2014; Misu, 2014; Orlean, 2004; Rohadian, 1999; Sutama, Suranata, & Dharsana, 2014; Sutarjo, WMP, and Suarni, 2014; Wiladantika, Dharsana, & Suranata, 2014; Yulianti, Syahlani, & Haryadi, 2012).

Procedure Contains behavioral counseling theories character enhancement procedure can accept suggestions from others as follows:

- a. Observing the symptoms of characters capable of receiving suggestions from others students to observe student behavior in the classroom
- b. Tabulate symptoms of characters capable of receiving suggestions from others by entering the data in the observation of students into the table
- c. Analyzing the symptoms of characters capable of receiving suggestions from others students of high, medium and low
- d. Identifying the symptoms of characters capable of receiving suggestions from others by observing through observation and interviews

Nengah Dessy Martini, Nyoman Dantes, I Ketut Dharsana
Influence Theory with Behavioral Counseling Lesson Study Through...

- e. Up diagnosis of the character is able to accept suggestions from others students of high, medium and low
- f. doing prognosis die determine how to improve the character is able to receive advice from others with the technique sociodrama
- g. Take action / treatment students who are experiencing symptoms of characters capable of receiving suggestions from other people of high, medium and low with techniques sociodramas

1.3 Modeling techniques

According Dharsana (2016) modeling technique is a way to introduce and counselors provide a model that has a high mechanical aptitude to be able to do that, students were asked to replicate the model that has been provided by counselors (Adi, Ananda, Dharsana, & Suarni, 2017; Adiputra, 2015; Ardana, Dharsana, & Suranata, 2014; Ayu, Wati, Suarni, & Dharsana, 2017; Damayanti & Aeni, 2016; Kadek Pigura Wiladantika, I Ketut Dharsana, 2014; Lester, 2015; Sadewi, 2012). In line with this definition, proposed modeling technique was the means used by counselors to improve the character can accept the suggestions of others through characterization. Characterization is such characterizations through the film, a character's imagination (imaginary), and so forth. Modeling also called mimesis (imitation), which indicates that the observed behavior of other people, imitated, more an imitation of what is seen and observed process of learning through observation indicated that a learning process after observing the behavior of other people. To improve the character is able to accept suggestions from people other student's researchers used modeling techniques. Mechanical modeling is not just imitating or repeating what does the models (others), but modeling involves the addition or subtraction of the observed behavior, dig it out various observations, involves the cognitive processes (Alwisol, 2009).

1.4 Mechanical Sociodrama

Sociodramas is a counseling technique is given by displaying a short drama performances were given in helping to shape and enhance the character is able to accept the suggestions of others. (Cummins, Gass, Hudelson, Hudson, & Masters, 1978; Putriyani, 2012; Telesco, 2006)

2 Methodology

From the results of the initial observational data, the authors do analysis of questionnaire and diary. There are students who show symptoms of characters capable of accepting suggestions from others that are positive (+) and negative (-). Quantitatively, the number of students who show symptoms of characters capable of accepting suggestions from others that are positive (+) of 8 persons and who showed symptoms of characters capable of receiving suggestions from other people who are negative (-) as 18. In percentages, 30% of students showed symptoms of characters capable of accepting suggestions from others is positive (+) and 70% of students showed symptoms of characters capable of receiving suggestions from other people who are negative (-). Thus, from these preliminary data, it can be seen that the students of class VIII 2, more showed symptoms of characters capable of receiving suggestions from other people who are negative (-) instead of the positive (+). To improve the

Nengah Dessy Martini, Nyoman Dantes, I Ketut Dharsana
Influence Theory with Behavioral Counseling Lesson Study Through...

character is able to accept suggestions from others authors carry out guidance to students of class VIII Classical 2 .In implement guidance. Classical authors first explain their understanding of characters capable of receiving suggestions from others and indicators contained in the sense of character is able to accept the suggestions of others. After the author displays a video associated with characters able to accept suggestions from others to students understand much of the character is able to accept suggestions from others. Then the students had a discussion with form 3 groups. Each group discusses one indicator of the character is able to accept the suggestions of others. After the students had a one stay two stray to know the results of the discussion of other groups. After one stay two stray students do sociodramas have been made to the theme of characters capable of receiving suggestions from others and show it to the class. After doing sociodramas authors conducted a placebo technique, where one of the students will be presented both positive and negative attitudes by two of his friends. In a placebo, technique has a code of ethics that should not be anger, resentment, and irritability. After conducting a placebo engineering students will read the diary that has been made. Then the students filled out questionnaires that have been distributed by the author.

3 Results and Discussion

RPBK character is able to receive suggestions from other people very effectively implemented in the school. Judging from the questionnaire score, score diary, and student responses from a daily journal of ever increasing semakain. It is also seen from the behavior of students of characters capable of receiving suggestions from others that started to change as: the student is able to provide assistance to others, students get encouragement from others to achieve an outcome that is clear, the need for someone to possess sympathy to help others. Judging from the indicators of characters capable of receiving suggestions from others.

Table 1. Score improvement in indicators 1 character is able to accept suggestions from others

Indicator	mean	d	High		Low		Before		After	
			f	%	f	%	t _{count}	t _{table}	t _{count}	t _{table}
Receive suggestions from others	6:15	1:35	160	88	6	3	65.64	1,675	65.64	1,675
Male Village	5.93	1:00	96	98	3	3	3	1.70	3	1,711
Women Village	6:42	1:00	77	92	3	4	3.03	1,717	3.03	1,717

Indicator 1, which reads receives suggestions from other's character can receive suggestions from other people 8 junior class VIII LAB UNDIKSHA Singaraja showing show the price t count, compared to the price of the table with db $t = n1 + n2 - 2 = 52 - 2 = t$ table 50. Price for db 50 and with a significance level of 5% ($\alpha = 0:05$) was 1,675. Thus, the price of t is greater than t table price, so H_0 is rejected and H_a accepted. This means, there are significant difference's indicator 1Receive suggestions from other's Lab Undiksha junior high-school students between before and after using the theory of behavioral counseling by modeling techniques. Conclusion: The application of behavioral counseling theory by modeling techniques to affect the increased indicator 1Receive suggestions from others VIII grade 2 junior LAB UNDIKSHA

Nengah Dessy Martini, Nyoman Dantes, I Ketut Dharsana
Influence Theory with Behavioral Counseling Lesson Study Through...

4 Conclusion

Based on the above results, the price of t is greater than t table price, so H_0 is rejected and H_a accepted. This means, there is a significant difference in the improvement of the character can accept suggestions from others on students VIII 2 junior LAB UNDIKSHA between before and after using the theory of behavioral counseling by modeling techniques. Conclusion: The application of behavioral counseling theory by modeling techniques affects the improvement of characters capable of receiving suggestions from others in class VIII 2 junior LAB UNDIKSHA

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