

# Effectiveness of Behavioral Counseling with Modeling Techniques to Improve The Character Solve Everything Good and Will Succeed Through Study Leason

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**Abstract.** This study aims to determine the effectiveness of behavioral counseling Ivan Pavlov with modeling techniques to improve the character of all the whole hog with a good finish and will succeed lesson study. This type of research is quasi-experimental with pre-test and post-test control group design. Samples were 38 students with df 37. Methods of data collection using questionnaires finish everything well and will succeed 30 items. The results of the data analysis is the value of tcount 7961>ttable 1:30 so that H0 refused and Ha accepted. So there are significant differences. It can be concluded that behavioral counseling Ivan Pavlov effective modeling techniques to improve the character of finished everything well and be successful.

**Keywords:** behavioral, modeling, lesson study.

## 1 Introduction

Based on the results of observational studies of 38 student researchers looked at 25 students showed symptoms such as demonstrating the attitudes of students looking very inclined to character completing everything well and will succeed to the negative ones, the study found 13 other students have symptoms as easy as pie to develop character traits finish everything well and be successful that is positive. Symptoms such students can be said to exhibit symptoms of "character finished everything well and be successful".

### 1.1 Characters finish everything well and will succeed

Characters finish everything well and be successful is a necessity owned by a person to excel were able to complete or finish something that he was doing well and succeed.

### 1.2 Application of Character finish everything well and will succeed

Application of the characters get things done well and will successfully be done by or modeling techniques. Students can perform application of modeling techniques to demonstrate how simulation works relevant to character completing everything well and be successful. After the students had a one stay two stray to know the results of the discussion of other groups. After one stay two stray students do sociodramas have been made to the theme of

Character finish everything well and be successful then display it in front of the class. After doing sociodramas authors conducted a placebo technique, where one of the students will be presented both positive and negative attitudes by two of his friends. In a placebo technique has a code of ethics that should not be anger, resentment, and irritability. After conducting a placebo engineering students will read the diary that has been made. Then the students filled out questionnaires that have been distributed by the author. Recently students fill reflective journal on classical Guidance service activities that have been carried out.

### 1.1 Behavioral theories of Ivan Pavlov

Philosophical vview of life counseling theories Behavioral Ivan Pavlov that every human being needs a change and will experience a change in behavior as a result of the interaction between stimulus and response in other words, learning is, the changes experienced by the clients or students in developing their ability to improve the behavior in a way as a result of interaction between new stimulus and a response is obtained.(Aini, Fatmaningrum, & Joseph, 2011; Indayani, Sedanayasa, Nengah, and Antari, 2014). In behavioral theory by Ivan Pavlov could be related to BK, it can be concluded as follows:

- So that students can motivate / actualize itself in order to transform itself in developing the potential within its capabilities.
- By studying the behavioral theory, students can get to know aspects - aspects of himself and can accept his situation more objectively.
- To help students express various aspects of himself.
- Help students to be able to change his behavior.

### 1.3 Modeling Technique

According Dharsana (2016) modeling technique is a way to introduce and counselors provide a model that has done everything well and will be a successful high to be able to do that, students were asked to replicate the model that has been provided by counselors(Adi, Ananda, Dharsana, & Suarni, 2017; Adiputra, 2015; Ardana, Dharsana, & Suranata, 2014; Ayu, Wati, Suarni, & Dharsana, 2017; Damayanti & Aeni, 2016; Kadek Pigura Wiladantika, I Ketut Dharsana, 2014; Lester, 2015; Sadewi, 2012), In line with this definition, Komalasari, et al. (2014: 176) argues modeling technique is the means used by counselors to improve finish everything well and will be managed through the characterization, the characterization is such characterizations through the film, a character's imagination (imaginary), and so forth. Modeling also called mimesis (imitation), which indicates that the observed behavior of other people, imitated, more an imitation of what is seen and observed process of learning through observation indicated that a learning process after observing the behavior of the people. To improve finish everything well and will be successful students. Researchers using modeling techniques. Mechanical modeling is not just imitating or repeating what do the models (others).

## 2 Methodology

This type of research used in this research is the study design "quasi experiment with pretest-posttest control group design. In sampling, a technique used random sampling and

random class as an intact group. As is the random sampling means that sample population members is done by selecting a random sample, regardless of the strata that exist in the population. All things considered sector in the class have the same chance to be sampled (Dantes, 2012). This study took a sample of students who demonstrate character criteria finished everything well and be successful medium or low as 38 students.

Based on the test results of normality and homogeneity of data resolve everything well and be successful at the top, it can be said that the requirements for testing the hypothesis with t-test can be met. Therefore, hypothesis testing can be continued by using techniques Paired Sample Test. The results of t-test such as shows, t value of 7,961 sig.1.30. Thus, the null hypothesis (H<sub>0</sub>) stating that there is no influence of Ivan Pavlov effectiveness of behavioral counseling by modeling techniques to improve the character of finished everything well and will succeed.

Students can be trained in the communications standards (smiles, greetings, greetings, greeting). Trained way good communication, courteous, effective and communicative so that students are able to have finished everything well and be successful.

### 3 Results and Discussion

RPBK characters get things done well and will be managed very effectively implemented in the school. Judging from the questionnaire score, score diary, and student responses from a daily journal of ever increasing. It is also seen from the behavior of students from finishing things well and be successful that started to change as: students are able to solve everything well and be successful.

**Table 1.** a character with a good finish everything and will succeed

Indicator 1	High		Low	
	F	%	f	%
Finished everything well and will succeed	74	1.94	22	10.19
Man	34	0:05	8	7.41
Woman	40	0052	14	12.96

The research data shows that completing things well and be successful behaviors for characters get things done well and will be managed with a high of 71% and 10% lower as for men who have a high frequency of 36%, 7% lower. Woman which has a high frequency of 35% and low 13%.

**Table 2.** a character with a good finish everything and will succeed

Indicator 1	Mean	SD	Score	
			High	Low
Finished everything well and will succeed	1.6	1:53	70.83	10.19
Man	2	0.93	71.30	7,41
Woman	2	0.79	70.30	12.96

The research data show that students of class X have the behavior of the characters get things done well and will be managed with a high score of 71% and 10% lower while the men who had a high score of 36%, 7% lower score .Woman who score maximum of 35% and 13% lower scores.

**Table 3.** pre-test (characters get things done well and will succeed)

Indicator	Mean	SD	High		Low		Before		After	
			f	%	f	%	t <sub>count</sub>	t <sub>table</sub>	t <sub>count</sub>	t <sub>table</sub>
Finished everything well and will succeed	2.57	1.5	153	70.83	22	10.19	12.60	2.03	12.60	2.03
Man	3.4	1.96	77.00	71.3	8	7,41	21.27	2.10	21.27	2.10
Woman	3.6	1.94	76	70.37	14	12.96	7.58	2.10	7.58	2.10

**Table 4.** post-test (characters get things done well and will succeed)

Indicator	Mean	SD	High		Low		Before		After	
			f	%	f	%	t <sub>count</sub>	t <sub>table</sub>	t <sub>count</sub>	t <sub>table</sub>
Finished everything well and will succeed	2.93	1.42	205	94.91	—	—	12.60	2.03	12.60	2.03
Man	5.72	0.46	103.00	95.37	—	—	21.27	2.10	21.27	2.10
Woman	5.67	0.49	102	94.44	—	—	7.58	2.10	7.58	2.10

**Table 5.** Data recapitulation Pre-test and post-test (characters get things done well and will succeed)

Score	$\bar{X}$	$\delta$	t <sub>count</sub>	t <sub>table</sub>	Ket
Pre-Test	35 552	4,577	7,961	1:30	Significant
Post-Test	37 263	4,098	7,961	1:30	Significant

Finished everything well and be successful in class X shows:

**On average Pre-Test** =  $\bar{X} = 552$   $t_{count} = 4,577$   $t_{table} = 1.30$ . Significant

**On average Post-Test** =  $\bar{X} = 7263$   $t_{count} = 4,098$   $t_{table} = 1.30$ . Signifikan Price t, compared with the price t in the table with  $df = n-1 = 38-1 = 37$ . Price ttable to df 37 and with a significance level of 5% ( $\alpha = 0.05$ ) was 1.30. Thus, the price of t greater than ttable price, so  $H_0$  is rejected and  $H_a$  accepted. This means, there are significant differences of character finished everything well and will succeed Reviewed XI students between before and after using the theory of behavioral counseling by modeling techniques. Conclusion: the effectiveness of behavioral counseling theory by modeling techniques affect the improvement of character finished everything well and will succeed on completing everything well and will succeed

## 4 Conclusion

Based on the analysis and discussion in the previous chapter stated that the proposed research hypothesis is accepted by 5% significance level (0.05), it can be concluded that the results of this study indicate that the character finished everything well and will succeed the students who follow the behavioral counseling Ivan Pavlov further improved using modeling techniques of the students who were in the control group. Based on this statement we can say that behavioral counseling Ivan Pavlov using appropriate modeling techniques applied in schools. Application of behavioral counseling Ivan Pavlov using a modeling technique has implications for the planning and development of guidance and counseling services model in terms of techniques and procedures of service activities provided to the counselee.

From the results of the analysis of the study, the results obtained are found that counseling services will be more effective if the counselee in the implementation of services is facilitated by behavioral counseling Ivan Pavlov using modeling techniques.

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